

SUMMER SPORTS 2025

Peninsula High School Camps

Recommended for athletes who attend or plan to attend Peninsula High School.

Sport	Description	Details	
BASEBALL	Join us for a 5-week camp designed to develop baseball skills for incoming Freshmen or to enhance your abilities at the high school level for returning players. All gear is required. <ul style="list-style-type: none"> • Position-Specific Training: Master your position, whether it's pitching, hitting, infield, or outfield. • Advanced Drills & Techniques: Take your skills to new heights with expert coaching and personalized feedback. • Scrimmages: Play in game situations to refine your baseball IQ. • Strength & Conditioning: Focus on athleticism, speed, and agility to improve your overall game. 	Cost Coach Location Dates All levels	\$575 Bobby Ramirez Peninsula HS Baseball Diamond June 9 – July 10 Monday – Thursday 9:30am – 12:30pm
BOYS' BASKETBALL	Join us for strength training, conditioning, and skill development. We will play weekly week-day games in a summer league.	Cost Coach Location Dates Varsity/JV/SO Incoming Freshman	\$475 Mike Sestich Peninsula HS Main Gym June 16 – July 10 Monday – Thursday 6:00 – 8:00pm Monday – Thursday 7 – 9pm
GIRLS' BASKETBALL	Join us for strength training, conditioning, and skill development. We will play weekly week-day games in a summer league.	Cost Coach Location Dates All levels	\$475 Natalie Kelly Peninsula HS Main Gym June 16 – July 10 Monday – Thursday 2:30 – 4:30pm
FOOTBALL	Join us for football strength and speed training, and skill development to play at the high school level. Varsity players will be in limited 7's tournament play.	Cost Coach Location Dates Varsity & JV Freshman	\$300 Michael Wagner Peninsula HS Stadium Field & Weight Room June 9 – July 12 Monday – Thursday: 3:00 – 6:00pm; Friday: 9:00 – 11:00am; Saturdays 6/28 & 7/12 Monday – Thursday: 3:00 – 6:00pm; No Fridays; Saturdays 6/28 & 7/12

No camp on Thursday, June 19 & Friday, July 4, 2025. All PVPUSD facilities are closed.

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GIRLS' FLAG FOOTBALL	Take your game to the next level this summer! Whether you're a seasoned player or just starting out, our camp offers skill-building drills, advanced strategies, and competitive scrimmages. Perfect your passing, catching, and defense while building teamwork and leadership skills. Don't miss the chance to elevate your game and have fun!	Cost Coach Location Dates Grade levels	\$250 Natalie Ponce Ridgecrest Intermediate Turf Field June 23 – July 10 Monday – Thursday 2:30 PM – 4:30 PM All Levels
BOYS' SOCCER	Join us for an exciting summer soccer camp led by Patrick Daley, head coach of Peninsula Soccer! This fun and active camp welcomes players of all grades, providing a fantastic opportunity to improve your skills while getting to know our dedicated coaching staff. Don't miss out on the chance to enhance your game and make lasting memories with fellow soccer enthusiasts!	Cost Coach Location Dates Grade levels	\$425 Patrick Daley Miraleste Intermediate Stadium June 16 – July 3 Monday – Thursday 1:30 – 3:30pm All Levels
GIRLS' SOCCER	Join us for strength training, conditioning, and skill building. No prior experience necessary. NO summer league games or tournaments. Bring water, cleats, and shin guards.	Cost Coach Location Dates All Levels	\$350 Magali Blazevic Peninsula HS Stadium Field June 16 – July 3 Monday – Thursday: 1:00 – 3:00pm
BOYS' & GIRLS' SWIM	Join us for conditioning and technique development. Swimmers will spend 20-30 minutes per day doing dryland (bodyweight exercises) followed by 1-1.5 hours of swimming. No competitive swim experience required but all students must know how to swim laps. <u>Registration deadline is May 16. Camp will be canceled if the minimum # of registered swimmers is not met. Refunds will be issued if camp is canceled.</u>	Cost Coach Location Dates All Levels FR, JV & Varsity	\$300 Allison Bellows Peninsula Pool June 16 – July 10 Monday – Thursday: 7:00 – 9:00am
GIRLS' VOLLEYBALL	Join us for strength training, conditioning, and skill development. No prior experience necessary. NO summer league games or tournaments. NO CAMP 6/19 – 7/6	Cost Coach Location Dates Varsity & JV Freshman & new athletes	\$425 Kevin Williams Peninsula Field House June 9 – June 12 June 16 – June 18 & 20 July 7 – July 10 Monday - Thursday 3:30 – 5:30pm 2:00 – 4:00pm

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BOYS' VOLLEYBALL	Join us for strength training, conditioning, and skill development. No prior experience necessary. NO summer league games or tournaments. NO CAMP 6/19 – 7/6	Cost Coach Location Dates All Levels	\$425 Kevin Williams Peninsula Field House June 9 – June 12 June 16 – June 18 & 20 July 7 – July 10 Monday - Thursday 5:00 – 7:00pm
BOYS' & GIRLS' WATERPOLO	Join us for strength training, conditioning, and skill development. We will play weekly week-day games in a summer league.	Cost Coach Location Dates All Levels – FR, JV & Varsity	\$450 Charles Kim Peninsula Pool June 16 – July 10 Monday – Thursday: 2:30 – 5:30pm; select Saturdays
BOYS' & GIRLS' WRESTLING	A deep-rooted program at Peninsula High School with a history of awards and championships, Peninsula Wrestling offers an atmosphere of competition, team connections, and individual progress. The sport of wrestling improves athleticism, physical health, and overall nutrition. Moreover, wrestling provides students with a sense of self-worth, mental toughness, and discipline. pvpenninsulawrestling@gmail.com <ul style="list-style-type: none"> ● Three skill levels of teams ● Full staff of coaches for all levels ● Both boys' and girls' wrestling teams ● Over 30 scheduled dates of competition during the season 	Cost Coach Location Dates All Levels	\$250 Ryan Faintich Wrestling Room June 23 – July 9 & July 28 – August 13 Mon, Wed, & Friday 3:00 – 5:00pm

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Palos Verdes High School Camps

*Recommended for athletes who attend or plan to attend **Palos Verdes High School**.*

Sport	Description	Details	
BOYS' BASEBALL	Skill building & scrimmages.	Cost Coach Location Dates All levels FR, JV & Varsity	\$575 Alex Morales PVHS Eberhard Stadium June 9 – July 10 Monday – Thursday 1:30 – 3:30pm
BOYS' BASKETBALL	Join us for strength training, conditioning, and skill development. We will play weekly week-day games in a summer league.	Cost Coach Location Varsity/ JV Frosh – Soph	\$575 TBD PVHS Gym June 9 – July 2 Monday – Friday: 8:00 – 10:00am June 16 – July 2 Monday – Friday: 10:00am – 12:00pm & July 7 – 11 Monday – Friday: 8:00 – 10:00am
FOOTBALL	Join us for strength training, conditioning, and skill building. The Varsity players will participate in a couple of tournaments held on select Saturdays.	Cost Coach Location Dates Varsity & JV Freshman Varsity & Freshman	\$525 Guy Gardner PVHS Stadium Field & Weight Room June 9 – July 12 Monday – Friday & 2 Saturdays Monday – Thursday: 3:00 – 6:00pm; Friday: 9:00 – 11:00am Monday – Friday: 4:00 – 7:00pm Saturday: June 28 & July 12

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Sport	Description	Details	
GIRLS' FLAG FOOTBALL	Calling all girls who are interested in flag football! Join us for football training to enhance your skills! Don't miss a chance to advance your knowledge and abilities, as well as build team camaraderie. Drills will be focused on all aspects of both the offensive and defensive sides of the ball. All the new skills introduced will be put to great use in 7-on-7 scrimmages!	Cost Coach Location Dates	\$350 Bryan Tsudama Ridgecrest Intermediate School Turf Field June 16 – July 10 Monday – Thursday 2:30 – 4:30pm
GIRLS' LACROSSE	Join us for strength training, conditioning, and lacrosse skill building. No prior experience necessary. NO summer league games or tournaments. Meet & play with our current PVHS lacrosse squads!	Cost Coach Location Dates	\$225 Todd Dearborn PVHS Stadium Field Friday, June 20 & Monday – Friday: 7:00 – 9:30am Sat., June 21, Sun., June 22, Sat., June 28 & Sunday, June 29: 9:00 – 11:00am
BOYS' SOCCER	Join us for strength training, conditioning, and skill development. We will play weekly week-day games in a summer league.	Cost Coach Location Dates All Levels – FR, JV & Varsity	\$450 Derek Larkins PVHS Stadium Field & Turf next to weight room June 16 – July 10 Monday – Thursday: 2:00 – 3:45pm 2 optional morning weight room sessions per week
BOYS' BEACH VOLLEYBALL	This camp is designed for all skill levels. Come work with the PVHS staff to get ready for the Fall Beach season.	Cost Coach Location Dates All Levels – FR, JV & Varsity	\$300 Peter Gonnerman PVHS Sand Courts July 28 - Aug 8 Mon, Wed and Friday: 10:00 – 12:00pm
GIRLS' BEACH VOLLEYBALL	This camp is designed for all skill levels entering high school from the beginning to the advanced player. All fundamentals of the beach game will be covered and strategies of the doubles game. Incoming players will	Cost Coach Location Dates	\$350 Patrick Lynch PVHS Sand Courts June 9 - 20

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	have the opportunity to interact with the PVHS coaching staff and players.	All levels	Monday – Wednesday: 1:00 – 2:30 pm
GIRLS’ VOLLEYBALL	This camp is designed for all skill levels entering high school. Returning JV and varsity players for the 1pm – 3pm session and returning frosh / soph and incoming freshman for our 3pm – 5pm session. An opportunity to work with the PVHS staff and get ready for Fall season.	Cost Coaches Location Dates Varsity & JV Frosh/ Soph & new athletes	\$500 Patrick Lynch & Stephanie Moreno PVHS Gym Monday – Friday: June 9 – June 13 Mon & Wed & Fri June 16 - 20 Monday – Friday: 1:00pm – 3:00pm Monday – Friday: 3:00pm – 5:00pm
BOYS’ WATERPOLO	Join us for strength training, conditioning, and skill building. No prior experience necessary. NO summer league games or tournaments.	Cost Coach Location Dates All Levels – FR, JV & Varsity	\$575 Justin Gonzalez PVHS Pool June 9 – July 11 Monday – Friday: 9:00am – 12:00pm
GIRLS’ WATERPOLO	Join us for strength training, conditioning, and skill building. No prior experience necessary. NO summer league games or tournaments.	Cost Coach Location Dates All Levels – FR, JV & Varsity	\$575 Zachary Graper PVHS Pool June 9 – July 11 Monday – Friday: 9:00am – 12:00pm

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