Peninsula High School Camps				
	Recommended for athletes who attend or plan to att	end Peninsula Hi	igh School.	
Sport	Description		Details	
BASEBALL	Join us for a 5-week camp designed to develop baseball skills for incoming Freshmen or to enhance your abilities at the high school level for returning players. All gear is required.	Cost Coach Location	\$575 Bobby Ramirez Peninsula HS Baseball Diamond	
	• Position-Specific Training : Master your position, whether it's pitching, hitting, infield, or outfield.	Dates	June 9 – July 10	
	 Advanced Drills & Techniques: Take your skills to new heights with expert coaching and personalized feedback. Scrimmages: Play in game situations to refine your baseball IQ. Strength & Conditioning: Focus on athleticism, 	All levels	Monday – Thursday 9:30am – 12:30pm	
	speed, and agility to improve your overall game.			
BOYS' BASKETBALL	Join us for strength training, conditioning, and skill development. We will play weekly week-day games in a summer league.	Cost Coach Location Dates	\$475 Mike Sestich Peninsula HS Main Gym June 16 – July 10	
		Varsity/JV/SO	Monday – Thursday 6:00 – 8:00pm	
		Incoming Freshman	Monday – Thursday 7 – 9pm	
GIRLS' BASKETBALL	Join us for strength training, conditioning, and skill development. We will play weekly week-day games in a summer league.	Cost Coach Location Dates	\$475 Natalie Kelly Peninsula HS Main Gym June 16 – July 10	
		All levels	Monday – Thursday 2:30 – 4:30pm	
FOOTBALL	Join us for football strength and speed training, and skill development to play at the high school level. Varsity players will be in limited 7's tournament play.	Cost Coach Location Dates	\$300 Michael Wagner Peninsula HS Stadium Field & Weight Room June 9 – July 12	
		Varsity & JV	Monday – Thursday: 3:00 – 6:00pm; Friday: 9:00 – 11:00am; Saturdays 6/28 & 7/12	
		Freshman	Monday – Thursday: 3:00 – 6:00pm; No Fridays; Saturdays 6/28 & 7/12	

	Peninsula High School (Camps		
Recommended for athletes who attend or plan to attend Peninsula High School.				
Sport	Description		Details	
GIRLS' FLAG FOOTBALL	Take your game to the next level this summer! Whether you're a seasoned player or just starting out, our camp offers skill-building drills, advanced strategies, and competitive scrimmages. Perfect your passing, catching, and defense while building teamwork and leadership skills. Don't miss the chance to elevate your game and have fun!	Cost Coach Location Dates Grade levels	\$250 Natalie Ponce Ridgecrest Intermediate Turf Field June 23 – July 10 Monday – Thursday 2:30 PM – 4:30 PM All Levels	
BOYS' SOCCER	Join us for an exciting summer soccer camp led by Patrick Daley, head coach of Peninsula Soccer! This fun and active camp welcomes players of all grades, providing a fantastic opportunity to improve your skills while getting to know our dedicated coaching staff. Don't miss out on the chance to enhance your game and make lasting memories with fellow soccer enthusiasts!	Cost Coach Location Dates Grade levels	\$425 Patrick Daley Miraleste Intermediate Stadium June 16 – July 3 Monday – Thursday 1:30 – 3:30pm All Levels	
GIRLS' SOCCER	Join us for strength training, conditioning, and skill building. No prior experience necessary. NO summer league games or tournaments. Bring water, cleats, and shin guards.	Cost Coach Location Dates All Levels	\$350 Magali Blazevic Peninsula HS Stadium Field June 16 – July 3 Monday – Thursday: 1:00 – 3:00pm	
GIRLS' VOLLEYBALL	Join us for strength training, conditioning, and skill development. No prior experience necessary. NO summer league games or tournaments. NO CAMP 6/19 – 7/6	Cost Coach Location Dates Varsity & JV Freshman & new athletes	\$425 Kevin Williams Peninsula Field House June 9 – June 12 June 16 – June 18 & 20 July 7 – July 10 Monday - Thursday 3:30 – 5:30pm 2:00 – 4:00pm	
BOYS' VOLLEYBALL	Join us for strength training, conditioning, and skill development. No prior experience necessary. NO summer league games or tournaments. NO CAMP 6/19 – 7/6	Cost Coach Location Dates All Levels	\$425 Kevin Williams Peninsula Field House June 9 – June 12 June 16 – June 18 & 20 July 7 – July 10 Monday - Thursday 5:00 – 7:00pm	

Peninsula High School Camps			
	Recommended for athletes who attend or plan to att	end Peninsula Hig	gh School.
Sport	Description		Details
BOYS' & GIRLS' WATERPOLO	Join us for strength training, conditioning, and skill development. We will play weekly week-day games in a summer league.	Cost Coach Location Dates All Levels – FR, JV & Varsity	\$450 Charles Kim Peninsula Pool June 16 – July 10 Monday – Thursday: 2:30 – 5:30pm; select Saturdays
BOYS' & GIRLS' WRESTLING	A deep-rooted program at Peninsula High School with a history of awards and championships, Peninsula Wrestling offers an atmosphere of competition, team connections, and individual progress. The sport of wrestling improves athleticism, physical health, and overall nutrition. Moreover, wrestling provides students with a sense of self-worth, mental toughness, and discipline. <u>pvpeninsulawrestling@gmail.com</u> • Three skill levels of teams • Full staff of coaches for all levels • Both boys' and girls' wrestling teams • Over 30 scheduled dates of competition during the season	Cost Coach Location Dates All Levels	\$250 Ryan Faintich Wrestling Room June 23 – July 9 & July 28 – August 13 Mon, Wed, & Friday 3:00 – 5:00pm

Palos Verdes High School Camps Recommended for athletes who attend or plan to attend Palos Verdes High School.				
BOYS' BASEBALL	Skill building & scrimmages.	Cost Coach Location Dates	\$575 Alex Morales PVHS Eberhard Stadium June 9 – July 10	
		All levels FR, JV & Varsity	Monday – Thursday 1:30 – 3:30pm	
BOYS' BASKETBALL	Join us for strength training, conditioning, and skill development. We will play weekly week-day games in a summer league.	Cost Coach Location	\$575 Israel Passmore PVHS Gym	
		Varsity/ JV	June 9 – July 2 Monday – Friday: 8:00 – 10:00am	
		Frosh – Soph	June 16 – July 2 Monday – Friday: 10:00am – 12:00pm & July 7 – 11 Monday – Friday: 8:00 – 10:00am	
FOOTBALL	Join us for strength training, conditioning, and skill building. The Varsity players will participate in a couple of tournaments held on select Saturdays.	Cost Coach Location Dates	\$525 Guy Gardner PVHS Stadium Field & Weight Room June 9 – July 12 Monday – Friday & 2 Saturdays	
		Varsity & JV	Monday – Thursday: 3:00 – 6:00pm; Friday: 9:00 – 11:00am	
		Freshman	Monday – Friday: 4:00 – 7:00pm	
		Varsity & Freshman	Saturday: June 28 & July 12	
GIRLS' FLAG FOOTBALL	Calling all girls who are interested in flag football! Join us for football training to enhance your skills! Don't	Cost Coach	\$350 Bryan Tsudama	

	Recommended for athletes who attend or plan to atter	nd Palos Verdes F	ligh School.
Sport	Description		Details
	as well as build team camaraderie. Drills will be focused on all aspects of both the offensive and defensive sides of the ball. All the new skills introduced will be put to great use in 7-on-7 scrimmages!	Location Dates	Ridgecrest Intermediate School Turf Field June 16 – July 10 Monday – Thursday 2:30 – 4:30pm
GIRLS' LACROSSE	Join us for strength training, conditioning, and lacrosse skill building. No prior experience necessary. NO summer league games or tournaments. Meet & play with our current PVHS lacrosse squads!	Cost Coach Location Dates	\$225 Todd Dearborn PVHS Stadium Field Friday, June 20 & Monday – Friday: 7:00 – 9:30am Sat., June 21, Sun., June 22, Sat., June 28 & Sunday, June 29: 9:00 – 11:00am
BOYS' SOCCER	Join us for strength training, conditioning, and skill development. We will play weekly week-day games in a summer league.	Cost Coach Location Dates All Levels –	\$450 Derek Larkins PVHS Stadium Field & Turf next to weight room June 16 – July 10 Monday – Thursday: 2:00 – 3:45pm 2 optional morning
		FR, JV & Varsity	weight room sessions pe week
BOYS' BEACH VOLLEYBALL	This camp is designed for all skill levels. Come work with the PVHS staff to get ready for the Fall Beach season.	Cost Coach Location Dates	\$300 Peter Gonnerman PVHS Sand Courts July 28 - Aug 8
		All Levels – FR, JV & Varsity	Mon, Wed and Friday: 10:00 – 12:00pm
GIRLS' BEACH VOLLEYBALL	This camp is designed for all skill levels entering high school from the beginning to the advanced player. All fundamentals of the beach game will be covered and strategies of the doubles game. Incoming players will have the opportunity to interact with the PVHS	Cost Coach Location Dates All levels	\$350 Patrick Lynch PVHS Sand Courts June 9 - 20 Monday – Wednesday:

Palos Verdes High School Camps Recommended for athletes who attend or plan to attend Palos Verdes High School.				
GIRLS' VOLLEYBALL	This camp is designed for all skill levels entering high school. Returning JV and varsity players for the 1pm –	Cost Coaches	\$500 Patrick Lynch &	
	3pm session and returning frosh / soph and incoming freshman for our 3pm – 5pm session. An opportunity to	Location	Stephanie Moreno PVHS Gym	
	work with the PVHS staff and get ready for Fall season.	Dates	Monday – Friday: June 9 – June 13 Mon & Wed & Fri June 16 - 20	
		Varsity & JV	Monday – Friday: 1:00pm – 3:00pm	
		Frosh/ Soph & new athletes	Monday – Friday: 3:00pm – 5:00pm	
BOYS' WATERPOLO	Join us for strength training, conditioning, and skill building. No prior experience necessary. NO summer league games or tournaments.	Cost Coach Location Dates	\$575 Justin Gonzalez PVHS Pool June 9 – July 11	
		All Levels – FR, JV & Varsity	Monday – Friday: 9:00am – 12:00pm	
GIRLS' WATERPOLO	Join us for strength training, conditioning, and skill building. No prior experience necessary. NO summer league games or tournaments.	Cost Coach Location Dates	\$575 Zachary Graper PVHS Pool June 9 – July 11	
		All Levels – FR, JV & Varsity	Monday – Friday: 9:00am – 12:00pm	