SUMMER SPORTS 2025

	Recommended for athletes who attend or plan to att	end Peninsula H	iah School
Sport	Description		Details
BASEBALL	Join us for a 5-week camp designed to develop	Cost	\$575
	baseball skills for incoming Freshmen or to enhance	Coach	Bobby Ramirez
	your abilities at the high school level for returning	Location	Peninsula HS Baseball
	players. All gear is required.		Diamond
	Position-Specific Training: Master your position,	Dates	June 9 – July 10
	whether it's pitching, hitting, infield, or outfield.		
	Advanced Drills & Techniques: Take your skills to	All levels	Monday – Thursday
	new heights with expert coaching and personalized feedback.		9:30am – 12:30pm
	Scrimmages: Play in game situations to refine your		
	baseball IQ.		
	Strength & Conditioning: Focus on athleticism,		
	speed, and agility to improve your overall game.		
BOYS'	Join us for strength training, conditioning, and skill	Cost	\$475
BASKETBALL	development. We will play weekly week-day games in a	Coach	Mike Sestich
	summer league.	Location	Peninsula HS Main Gym
		Dates	June 16 – July 17
		Varsity/JV/SO	Monday – Thursday
			6:00 – 8:00pm
		Incoming	Monday – Thursday
		Freshman	7 – 9pm
GIRLS'	Join us for strength training, conditioning, and skill	Cost	\$475
BASKETBALL	development. We will play weekly week-day games in a	Coach	Natalie Kelly
	summer league.	Location	Peninsula HS Main Gym
		Dates	June 16 – July 10
		All levels	Monday – Thursday
			2:30 – 4:30pm
FOOTBALL	Join us for football strength and speed training, and skill	Cost	\$300
	development to play at the high school level. Varsity	Coach	Michael Wagner
	players will be in limited 7's tournament play.	Location	Peninsula HS Stadium
			Field & Weight Room
		Dates	June 9 – July 12
		Varsity & JV	Monday – Thursday:
		Variotty & JV	3:00 – 6:00pm;
			Friday: 9:00 – 11:00am;
			Saturdays 6/28 & 7/12
		Freshman	Monday – Thursday:
			3:00 – 6:00pm;
			No Fridays;
			Saturdays 6/28 & 7/12

	Peninsula High School (Camps	
	Recommended for athletes who attend or plan to att	end Peninsula Hig	gh School.
Sport	Description		Details
GIRLS' FLAG	Take your game to the next level this summer! Whether	Cost	\$250
FOOTBALL	you're a seasoned player or just starting out,	Coach	Natalie Ponce
	our camp offers skill-building drills, advanced strategies,	Location	Ridgecrest Intermediate
	and competitive scrimmages. Perfect your passing,		Turf Field
	catching, and defense while building teamwork and	Dates	June 23 – July 10
	leadership skills. Don't miss the chance to elevate your		Monday – Thursday 2:30
	game and have fun!		PM – 4:30 PM
		Grade levels	All Levels
BOYS' SOCCER	Join us for an exciting summer soccer camp led by	Cost	\$425
	Patrick Daley, head coach of Peninsula Soccer! This fun	Coach	Patrick Daley
	and active camp welcomes players of all grades,	Location	Miraleste Intermediate
	providing a fantastic opportunity to improve your skills		Stadium
	while getting to know our dedicated coaching staff.	Dates	June 16 – July 3
	Don't miss out on the chance to enhance your game		Monday – Thursday
	and make lasting memories with fellow soccer	Cond. In the	1:30 – 3:30pm
GIRLS' SOCCER	enthusiasts!	Grade levels	All Levels
GIRLS SUCCER	Join us for strength training, conditioning, and skill building. No prior experience necessary. NO summer	Cost Coach	\$350 Magali Blazevic
	league games or tournaments.	Location	Peninsula HS Stadium
	league games of tournaments.	Location	Field
	Bring water, cleats, and shin guards.	Dates	June 16 – July 3
		All Levels	Monday – Thursday:
			1:00 – 3:00pm
BOYS' &	Join us for conditioning and technique development.	Cost	\$300
GIRLS' SWIM	Swimmers will spend 20-30 minutes per day doing	Coach	Allison Bellows
	dryland (bodyweight exercises) followed by 1-1.5 hours	Location	Peninsula Pool
	of swimming. No competitive swim experience required	Dates	June 16 – July 10
	but all students must know how to swim laps.	All Levels	Monday – Thursday:
		FR, JV & Varsity	7:00 – 9:00am
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GIRLS'	Join us for strength training, conditioning, and skill	Cost	\$425
VOLLEYBALL	development. No prior experience necessary. NO	Coach	Kevin Williams
	summer league games or tournaments.	Location	Peninsula Field House
	NO CAMP 6/19 – 7/6	Dates	June 9 – June 12
			June 16 – June 18
			July 7 – July 10
			Monday - Thursday
		Varsity & JV	3:30 - 5:30pm
		Freshman &	2:00 – 4:00pm
		new athletes	

	Peninsula High School (<u>Camps</u>		
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Sport	Description	Details		
BOYS'	Join us for strength training, conditioning, and skill	Cost	\$425	
VOLLEYBALL	development. No prior experience necessary. NO	Coach	Kevin Williams	
	summer league games or tournaments.	Location	Peninsula Field House	
	NO CAMP 6/19 – 7/6	Dates	June 9 – June 12	
			June 16 – June 18	
			July 7 – July 10	
			Monday - Thursday	
		All Levels	5:00 – 7:00pm	
BOYS' &	Join us for strength training, conditioning, and skill	Cost	\$450	
GIRLS'	development. We will play weekly week-day games in a	Coach	Charles Kim	
WATERPOLO	summer league.	Location	Peninsula Pool	
	_	Dates	June 16 – July 10	
		All Levels –	Monday – Thursday:	
		FR, JV & Varsity	2:30 - 5:30pm;	
			select Saturdays	

Palos Verdes High School Camps Recommended for athletes who attend or plan to attend Palos Verdes High School.			
Sport	Description	Details	
BASEBALL	Skill building & scrimmages.	Cost Coach Location Dates All levels	\$575 Alex Morales PVHS Eberhard Stadium June 9 – July 10 Monday – Thursday
DOV.		FR, JV & Varsity	1:30 – 3:30pm
BOYS' BASKETBALL	Join us for strength training, conditioning, and skill development. We will play weekly week-day games in a summer league.	Cost Coach Location	\$575 Greg Clark PVHS Gym
		Varsity/ JV	June 9 – July 2 Monday – Friday: 8:00 – 10:00am
		Frosh – Soph	June 16 – July 2 Monday – Friday: 10:00am – 12:00pm & July 7 – 11 Monday – Friday: 8:00 – 10:00am
FOOTBALL	Join us for strength training, conditioning, and skill building. The Varsity players will participate in a couple of tournaments held on select Saturdays.	Cost Coach Location	\$525 Guy Gardner PVHS Stadium Field & Weight Room
		Dates	June 9 – July 12 Monday – Friday & 2 Saturdays
		Varsity & JV	Monday – Thursday: 3:00 – 6:00pm; Friday: 9:00 – 11:00am
		Freshman	Monday – Friday: 4:00 – 7:00pm
		Varsity & Freshman	Saturday: June 28 & July 12

Palos Verdes High School Camps Recommended for athletes who attend or plan to attend Palos Verdes High School.			
Sport	Description	Details	
GIRLS' FLAG FOOTBALL	Calling all girls who are interested in flag football! Join us for football training to enhance your skills! Don't miss a chance to advance your knowledge and abilities, as well as build team camaraderie. Drills will be focused on all aspects of both the offensive and defensive sides of the ball. All the new skills introduced will be put to great use in 7-on-7 scrimmages!	Cost Coach Location Dates	\$350 Bryan Tsudama Ridgecrest Intermediate School Turf Field June 16 – July 10 Monday – Thursday 2:30 – 4:30pm
GIRLS' LACROSSE	Join us for strength training, conditioning, and lacrosse skill building. No prior experience necessary. NO summer league games or tournaments. Meet & play with our current PVHS lacrosse squads!	Cost Coach Location Dates	\$225 Todd Dearborn PVHS Stadium Field Friday, June 20 & Monday – Friday: 7:00 – 9:30am Sat., June 21, Sun., June 22, Sat., June 28 & Sunday, June 29: 9:00 – 11:00am
BOYS' SOCCER	Join us for strength training, conditioning, and skill development. We will play weekly week-day games in a summer league.	Cost Coach Location Dates All Levels – FR, JV & Varsity	\$450 Derek Larkins PVHS Stadium Field & Turf next to weight room June 16 – July 10 Monday – Thursday: 2:00 – 3:45pm 2 optional morning weight room sessions per week
BOYS' BEACH VOLLEYBALL	This camp is designed for all skill levels. Come work with the PVHS staff to get ready for the Fall Beach season.	Cost Coach Location Dates All Levels – FR, JV & Varsity	\$300 Peter Gonnerman PVHS Sand Courts July 28 - Aug 8 Mon, Wed and Friday: 10:00 – 12:00pm
GIRLS' BEACH VOLLEYBALL	This camp is designed for all skill levels entering high school from the beginning to the advanced player. All fundamentals of the beach game will be covered and strategies of the doubles game. Incoming players will	Cost Coach Location Dates	\$350 Patrick Lynch PVHS Sand Courts June 9 - 20

Palos Verdes High School Camps					
Recommended for athletes who attend or plan to attend Palos Verdes High School.					
Sport	Description have the opportunity to interact with the PVHS coaching staff and players.	Details			
		All levels	Monday – Wednesday: 1:00 – 2:30 pm		
GIRLS' VOLLEYBALL	This camp is designed for all skill levels entering high school. Returning JV and varsity players for the 1pm – 3pm session and returning frosh / soph and incoming freshman for our 3pm – 5pm session. An opportunity to work with the PVHS staff and get ready for Fall season.	Cost Coach Location Dates	\$500 Patrick Lynch PVHS Gym Monday – Friday: June 9 – June 13 Mon & Wed & Fri June 16 - 20		
		Varsity & JV	Monday – Friday: 1:00pm – 3:00pm		
		Frosh/ Soph & new athletes	Monday – Friday: 3:00pm – 5:00pm		
BOYS' & GIRLS' WATERPOLO	Join us for strength training, conditioning, and skill building. No prior experience necessary. NO summer league games or tournaments.	Cost Coach Location Dates All Levels – FR, JV & Varsity	\$575 Zachary Graper PVHS Pool June 9 – July 11 Monday – Friday: 9:00am – 12:00pm		