

Sports Camps for rising 7th & 8th grade athletes

Camps for rising 7th and 8th grade athletes with some experience and/or new to the sport.

Sport	Description	Details	
<u>BOYS' BASKETBALL</u>	Join us for strength training, conditioning, and skill development.	Cost Coach Location Dates Grade levels	\$575 Greg Clark <u>PVHS Gym</u> July 7 – 11 Monday – Friday: 10:00am – 12:00pm Rising 7 th / 8 th grade
<u>GIRLS' BEACH VOLLEYBALL</u>	This camp is designed for all skill levels. Athletes will learn the fundamentals of beach volleyball and the strategies of the game on the beautiful sand courts of Palos Verdes High School.	Cost Coach Location Dates Grade levels	\$350 Patrick Lynch <u>PVHS Sand Courts</u> June 9 - 20 Monday – Wednesday: 2:30pm – 4:00pm 7 th & 8 th grades
<u>FOOTBALL</u>	Rising 8 th graders- join us for strength training and an introduction to the weight room, as well as conditioning and skills training. We will meet behind our weight room- please wear t-shirts, shorts/sweats, tennis shoes. No class on 6/19, we will meet on Friday 6/20 instead.	Cost Coach Location Dates Grade levels	\$300 Guy Gardner <u>PV weight room & turf field</u> June 9 – June 27 Monday – Thursday: 1:00pm – 2:50pm 8 th grade only

No camps on Thursday, June 19 & Friday, July 4, 2025. All PVPUSD facilities are closed.