

# SUMMER SPORTS 2025

## Peninsula High School Camps

*Recommended for athletes who attend or plan to attend Peninsula High School.*

Sport	Description	Details	
<b>BASEBALL</b>	<p>Join us for a 5-week camp designed to develop baseball skills for incoming Freshmen or to enhance your abilities at the high school level for returning players. All gear required.</p> <ul style="list-style-type: none"> <li>• <b>Position-Specific Training:</b> Master your position, whether it's pitching, hitting, infield, or outfield.</li> <li>• <b>Advanced Drills &amp; Techniques:</b> Take your skills to new heights with expert coaching and personalized feedback.</li> <li>• <b>Scrimmages:</b> Play in game situations to refine your baseball IQ.</li> <li>• <b>Strength &amp; Conditioning:</b> Focus on athleticism, speed, and agility to improve your overall game.</li> </ul>	Cost Coach Location Dates All levels	\$575 Bobby Ramirez Peninsula HS Baseball Diamond June 9 – July 10 Monday – Thursday 9:30am – 12:30pm
<b>BOYS' BASKETBALL</b>	<p>Join us for strength training, conditioning, and skill development. We will play weekly week-day games in a summer league.</p>	Cost Coach Location Dates Varsity/JV/SO Incoming Freshman	\$475 Mike Sestich Peninsula HS Main Gym June 16 – July 17 Monday – Thursday 6:00 – 8:00pm Monday – Thursday 7 – 9pm
<b>GIRLS' BASKETBALL</b>	<p>Join us for strength training, conditioning, and skill development. We will play weekly week-day games in a summer league.</p>	Cost Coach Location Dates All levels	\$475 Natalie Kelly Peninsula HS Main Gym June 16 – July 10 Monday – Thursday 2:30 – 4:30pm
<b>FOOTBALL</b>	<p>Join us for football strength and speed training, and skill development to play at the high school level. Varsity players will be in limited 7's tournament play.</p>	Cost Coach Location Dates Varsity & JV Freshman	\$400 Michael Wagner Peninsula HS Stadium Field & Weight Room June 9 – July 12 Monday – Thursday: 3:00 – 6:00pm; Friday: 9:00 – 11:00am; Saturdays 6/28 & 7/12 Monday – Thursday: 3:00 – 6:00pm; No Fridays; Saturdays 6/28 & 7/12

***No camp on Thursday, June 19 & Friday, July 4, 2025. All PVPUSD facilities are closed.***

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<b>GIRLS' FLAG FOOTBALL</b>	Take your game to the next level this summer! Whether you're a seasoned player or just starting out, our camp offers skill-building drills, advanced strategies, and competitive scrimmages. Perfect your passing, catching, and defense while building teamwork and leadership skills. Don't miss the chance to elevate your game and have fun!	Cost Coach Location  Dates  Grade levels	\$250 Natalie Ponce Ridgecrest Intermediate Turf Field June 23 – July 10 Monday – Thursday 2:30 PM – 4:30 PM All Levels
<b>GIRLS' SOCCER</b>		Cost Coach Location  Dates  All Levels	\$350 Magali Blazevic Peninsula HS Stadium Field June 16 – July 3 Monday – Thursday: 1:00 – 3:00pm
<b>BOYS' &amp; GIRLS' SWIM</b>	Join us for conditioning and technique development. Swimmers will spend 20-30 minutes per day doing dryland (bodyweight exercises) followed by 1-1.5 hours of swimming. No competitive swim experience required but all students must know how to swim laps.	Cost Coach Location Dates  All Levels FR, JV & Varsity	\$300 Allison Bellows Peninsula Pool June 16 – July 10 Monday – Thursday: 7:00 – 9:00am
<b>BOYS' &amp; GIRLS' WATERPOLO</b>	Join us for strength training, conditioning, and skill development. We will play weekly week-day games in a summer league.	Cost Coach Location Dates  All Levels – FR, JV & Varsity	\$450 Charles Kim Peninsula Pool June 16 – July 10 Monday – Thursday: 2:30 – 5:30pm; select Saturdays

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## Palos Verdes High School Camps

*Recommended for athletes who attend or plan to attend Palos Verdes High School.*

<b>Sport</b>	<b>Description</b>	<b>Details</b>	
<b>BOYS' BASKETBALL</b>	Join us for strength training, conditioning, and skill development. We will play weekly week-day games in a summer league.	Cost	\$575
		Coach	Greg Clark
		Location	PVHS Gym
		Varsity/ JV	June 9 – July 2 Monday – Friday: 8:00 – 10:00am
		Frosh – Soph	June 16 – July 2 Monday – Friday: 10:00am – 12:00pm & July 7 – 11 Monday – Friday: 8:00 – 10:00am
<b>FOOTBALL</b>	Join us for strength training, conditioning, and skill building. The Varsity players will participate in a couple of tournaments held on select Saturdays.	Cost	\$525
		Coach	Guy Gardner
		Location	PVHS Stadium Field & Weight Room
		Dates	June 9 – July 12 Monday – Friday & 2 Saturdays
		Varsity & JV	Monday – Thursday: 3:00 – 6:00pm; Friday: 9:00 – 11:00am
		Freshman	Monday – Friday: 4:00 – 7:00pm
		Varsity & Freshman	Saturday: June 28 & July 12
<b>GIRLS' LACROSSE</b>	Join us for strength training, conditioning, and lacrosse skill building. No prior experience necessary. NO summer league games or tournaments. Meet & play with our current PVHS lacrosse squads!	Cost	\$225
		Coach	Todd Dearborn
		Location	PVHS Stadium Field
		Dates	June 21 – June 30 + 10 consecutive days
		All levels	Friday, June 20 & Monday – Friday: 7:00 – 9:30am Sat., June 21, Sun., June 22, Sat., June 28 & Sunday, June 29: 9:00 – 11:00am

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<b>Sport</b>	<b>Description</b>	<b>Details</b>	
<b>BOYS' SOCCER</b>	Join us for strength training, conditioning, and skill development. We will play weekly week-day games in a summer league.	Cost Coach Location Dates  All Levels – FR, JV & Varsity	\$450 Derek Larkins PVHS Stadium Field & Turf next to weight room June 16 – July 10 Monday – Thursday: 2:00 – 3:45pm  2 optional morning weight room sessions per week
<b>BOYS' BEACH VOLLEYBALL</b>	This camp is designed for all skill levels. Come work with the PVHS staff to get ready for the Fall Beach season.	Cost Coach Location Dates  All Levels – FR, JV & Varsity	\$275 Peter Gonnerman PVHS Sand Courts August 4 - 8  Monday – Friday: 1:00 – 3:00pm
<b>GIRLS' BEACH VOLLEYBALL</b>	This camp is designed for all skill levels entering high school from the beginning to the advanced player. All fundamentals of the beach game will be covered and strategies of the doubles game. Incoming players will have the opportunity to interact with the PVHS coaching staff and players.	Cost Coach Location Dates  All levels	\$350 Patrick Lynch PVHS Sand Courts June 9 - 20  Monday – Wednesday: 1:00 – 2:30 pm
<b>GIRLS' VOLLEYBALL</b>	This camp is designed for all skill levels entering high school. Returning JV and varsity players for the 10am – 12pm session and returning frosh / soph and incoming freshman for our 12pm – 2pm session. An opportunity to work with the PVHS staff and get ready for Fall season.	Cost Coach Location Dates  Varsity & JV  Frosh/ Soph & new athletes	\$500 Lacey Minzlaf PVHS Gym (Monday – Friday) July 28 – August 8  Monday – Friday: 10:00am – 12:00pm  Monday – Friday: 12:00 – 2:00pm

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