SUMMER SPORTS 2025

Peninsula High School Camps						
Recommended for athletes who attend or plan to attend Peninsula High School.						
Sport	Description		Details			
BASEBALL	Join us for a 5-week camp designed to develop baseball skills for incoming Freshmen or to enhance your abilities at the high school level for returning players. All gear required.	Cost Coach Location	\$575 Bobby Ramirez Peninsula HS Baseball Diamond			
	 Position-Specific Training: Master your position, whether it's pitching, hitting, infield, or outfield. Advanced Drills & Techniques: Take your skills to new heights with expert coaching and personalized 	Dates All levels	June 9 – July 10 Monday – Thursday 9:30am – 12:30pm			
	 feedback. Scrimmages: Play in game situations to refine your baseball IQ. Strength & Conditioning: Focus on athleticism, speed, and agility to improve your overall game. 					
GIRLS' BASKETBALL	Join us for strength training, conditioning, and skill development. We will play weekly week-day games in a summer league.	Cost Coach Location Dates	\$475 Natalie Kelly Peninsula HS Main Gym June 16 – July 10			
		All levels	Monday – Thursday 2:30 – 4:30pm			
FOOTBALL	Join us for football strength and speed training, and skill development to play at the high school level. Varsity players will be in limited 7's tournament play.	Cost Coach Location Dates	\$400 Michael Wagner Peninsula HS Stadium Field & Weight Room June 9 – July 12			
		Varsity & JV	Monday – Thursday: 3:00 – 6:00pm; Friday: 9:00 – 11:00am; Saturdays 6/28 & 7/12			
		Freshman	Monday – Thursday: 3:00 – 6:00pm; No Fridays; Saturdays 6/28 & 7/12			
GIRLS' SOCCER		Cost Coach Location	\$350 Magali Blazevic Peninsula HS Stadium Field			
		Dates All Levels	June 16 – July 3 Monday – Thursday: 1:00 – 3:00pm			

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BOYS' &	Join us for conditioning and technique development.	Cost	\$300		
GIRLS' SWIM	Swimmers will spend 20-30 minutes per day doing	Coach	Allison Bellows		
	dryland (bodyweight exercises) followed by 1-1.5 hours	Location	Peninsula Pool		
	of swimming. No competitive swim experience required	Dates	June 16 – July 10		
	but all students must know how to swim laps.	All Levels FR, JV & Varsity	Monday – Thursday: 7:00 – 9:00am		
BOYS' &	Join us for strength training, conditioning, and skill	Cost	\$450		
GIRLS'	development. We will play weekly week-day games in a	Coach	Charles Kim		
WATERPOLO	summer league.	Location	Peninsula Pool		
		Dates	June 16 – July 10		
		All Levels –	Monday – Thursday:		
		FR, JV & Varsity	2:30 – 5:30pm; select Saturdays		

Palos Verdes High School Camps Recommended for athletes who attend or plan to attend Palos Verdes High School.					
BOYS' BASKETBALL	Join us for strength training, conditioning, and skill development. We will play weekly week-day games in a summer league.	Cost Coach Location	\$575 Greg Clark PVHS Gym		
		Varsity/ JV	June 9 – July 2 Monday – Friday: 8:00 – 10:00am		
		Frosh – Soph	June 16 – July 2 Monday – Friday: 10:00am – 12:00pm & July 7 – 11 Monday – Friday: 8:00 – 10:00am		
FOOTBALL	Join us for strength training, conditioning, and skill	Cost	\$525		
	building. The Varsity players will participate in a couple	Coach	Guy Gardner		
	of tournaments held on select Saturdays.	Location	PVHS Stadium Field & Weight Room		
		Dates	June 9 – July 12 Monday – Friday & 2 Saturdays		
		Varsity & JV	Monday – Thursday: 3:00 – 6:00pm; Friday: 9:00 – 11:00am		
		Freshman	Monday – Friday: 4:00 – 7:00pm		
		Varsity & Freshman	Saturday: June 28 & July 12		
GIRLS' LACROSSE	Join us for strength training, conditioning, and lacrosse skill building. No prior experience necessary. NO summer league games or tournaments. Meet & play with our current PVHS lacrosse squads!	Cost Coach Location Dates	\$225 Todd Dearborn PVHS Stadium Field June 21 – June 30 + 10 consecutive days		
		All levels	Friday, June 20 & Monday – Friday: 7:00 – 9:30am Sat., June 21, Sun., June 22, Sat., June 28 & Sunday, June 29: 9:00 – 11:00am		

Palos Verdes High School Camps Recommended for athletes who attend or plan to attend Palos Verdes High School. **Sport** Description **Details BOYS' SOCCER** Join us for strength training, conditioning, and skill Cost \$450 development. We will play weekly week-day games in a **Derek Larkins** Coach summer league. Location PVHS Stadium Field & Turf next to weight room **Dates** June 16 - July 10 Monday – Thursday: 2:00 - 3:45pm All Levels -2 optional morning FR, JV & Varsity weight room sessions per week This camp is designed for all skill levels. Come work with \$275 **BOYS' BEACH** Cost VOLLEYBALL the PVHS staff to get ready for the Fall Beach season. Coach Peter Gonnerman Location **PVHS Sand Courts** Dates August 4 - 8 All Levels -Monday – Friday: FR, JV & Varsity 1:00 - 3:00pm **GIRLS' BEACH** This camp is designed for all skill levels entering high Cost \$350 VOLLEYBALL school from the beginning to the advanced player. All Coach Patrick Lynch fundamentals of the beach game will be covered and Location **PVHS Sand Courts** strategies of the doubles game. Incoming players will **Dates** June 9 - 20 have the opportunity to interact with the PVHS All levels Monday – Wednesday: coaching staff and players. 1:00 - 2:30 pm**GIRLS'** \$500 This camp is designed for all skill levels entering high Cost **VOLLEYBALL** school. Returning JV and varsity players for the 10am -Coach Lacey Minzlaf 12pm session and returning frosh / soph and incoming Location **PVHS Gym** freshman for our 12pm – 2pm session. An opportunity (Monday – Friday) to work with the PVHS staff and get ready for Fall **Dates** July 28 – August 8 season. Varsity & JV Monday – Friday: 10:00am - 12:00pm Frosh/ Soph & Monday – Friday: new athletes 12:00 - 2:00pm