

# **SUMMER 2024**

# **Peninsula High School Camps**

Recommended for athletes who attend or plan on attending Peninsula High School.

# **BASEBALL** at Peninsula HS Baseball Diamond

Cost: \$475

**Coach: Steve Manqueros** 

June 10 - July 11

VARSITY/JV/FR/SO Monday-Thursday: 9:30am – 12:30pm or 2:30pm – 5:30pm

Join us for a 5-week camp to develop and learn baseball skills for incoming Freshmen or to further your abilities at the high school level for returning players. All aspects of the game will be covered. Intersquad games and possible area games.

Single day Skill Specific Camps Fridays: 10:30 – 1:00 \$85 per day

6/14 Infield Skills 6/21 Outfield Skills 6/28 Hitting Skills 7/12 Pitching Skills

Plus Baserunning Technique covered at each session

### **BOYS' BASKETBALL** at Peninsula HS Main Gym

Cost: \$475

Coach: Mike Sestich June 17 – July 17

VARSITY/JV/FR/SO Monday-Thursday: 6 – 9pm

Join us for strength training, conditioning, and skill development. We will play weekly week-day games in a summer league.

# **GIRLS' BASKETBALL** at Peninsula HS Main Gym

Cost: \$500

Coach: Natalie Kelly June 17 – July 11

Varsity/JV Monday – Thursday 2 - 4pm FS & Incoming 9<sup>th</sup> graders Monday – Thursday 4 - 6pm

Join us for strength training, conditioning, and skill development. We will play weekly week-day games in a summer

league.

FOOTBALL at Peninsula HS Stadium Field & Weight Room

Cost: \$400

Coach: David Young
June 10 – July 12

All Levels – FR, JV & Varsity Monday-Thursday: 3 pm-6 pm Friday: 8:30 am-11:00 am

Join us for strength training, conditioning, and skill development. We will play weekly week-day games in a summer

league.

**FLAG FOOTBALL** at Cornerstone Elementary School

Cost: \$250

Coach: Patrick Daley
June 10 – June 27

All Levels – FR, JV & Varsity Monday-Thursday: 3:00 pm-4:30 pm

Join us for strength training, conditioning, and skill development. We will play some week-day games against other

schools.

**BOYS' SOCCER at Cornerstone Elementary School** 

Cost: \$425

Coach: Patrick Daley June 10 – June 27

All Levels – FR, JV & Varsity Monday-Thursday: 4:30 pm-6 pm

Join us for strength training, conditioning, and skill development. We will play some week-day games against other

schools.

**GIRLS' SOCCER at Peninsula HS Stadium Field** 

Cost: \$300

Coach: Magali Blazevic

**June 17 – July 3** 

All Levels – FR, JV, & Varsity Monday – Thursday: 1 pm – 3pm

Join us for strength training, conditioning, and skill building. No prior experience necessary. NO summer

league games or tournaments.

**BOYS' VOLLEYBALL** at Peninsula's Kelly Johnson Field House

Cost: \$425

**Coach: Kevin Williams** 

June 10 – 13, June 17 – 20, July 8 – 16

NO Camp - June 21 - July 7

New incoming & returning players Monday – Thursday 5pm – 7pm

GIRLS' VOLLEYBALL at Peninsula's Kelly Johnson Field House

Cost: \$425

Coach: Kevin Williams

June 10 – 13, June 17 – 20, July 8 – 16

NO Camp - June 21 - July 7

Returning players Monday – Thursday 3:30pm – 5:30pm Freshman & new players Monday – Thursday 2:00pm – 4:00pm

No camp on Wednesday, June 19 & Thursday, July 4 and Friday, July 5, 2024. All PVPUSD facilities are closed.

# **BOYS' & GIRLS' WATERPOLO at Peninsula Pool**

Cost: \$525

Coach: Charles Kim June 17 – July 17

All Levels - FR, JV & Varsity Monday-Thursday: 2:30pm to 5pm; select Saturdays

Join us for strength training, conditioning, and skill development. We will play weekly week-day games in a

summer league.

### **BOYS' and GIRLS' WRESTLING in the Peninsula Wrestling Room**

Cost: \$300

Coach: Dan Hernandez & Ryan Faintich

June 17 - July 11

All Levels – FR, JV & Varsity Monday, Wednesday and Thursday: 2:30 pm – 5:30 pm

A deep-rooted program at Peninsula High School with a history of awards and championships, Peninsula Wrestling offers an atmosphere of competition, team connections, and individual progress. The sport of wrestling improves athleticism, physical health, and overall nutrition. Moreover, wrestling provides students with a sense of self-worth, mental toughness, and discipline. pypeninsulawrestling@gmail.com

- Three skill levels of teams
- Full staff of coaches for all levels
- Both boys' and girls' wrestling teams
- Over 30 scheduled dates of competition during the season
- Year-round program with practices and events through the year

# **Palos Verdes High School Camps**

Recommended for athletes who attend or plan on attending Palos Verdes High School.

### **BASEBALL** at PVHS Eberhard Stadium

Cost: \$575

Coach: Alex Morales
June 10 – July 11

All Levels – FR, JV & Varsity Monday-Thursday: 2 pm-3:30 pm

# **BOYS' BASKETBALL** at PVHS Gym

Cost: \$575

Coach: Greg Clark
June 10 – July 3

Varsity Monday-Thursday 8 am-10 am & Friday: 8 am-9:30 am
All FR, SO, JV Athletes Monday-Thursday: 10 am-12 noon & Friday 9:30am – 11am

Join us for strength training, conditioning, and skill development. We will play weekly week-day games in a

summer league.

# **GIRLS' BASKETBALL at PVHS Gym**

Cost: \$575

Coach: Daniel Rho June 17 – July 15

Varsity Monday-Thursday and Saturday: 7 - 9 pm Frosh – Soph Monday-Thursday and Saturday: 5 - 7 pm

Please join us for basketball summer camp if you intend to attend Palos Verdes High. We will have skill work, tournaments, and summer league games along with our training. All 9th-10th graders should sign up for FS/JV camp. Previous Varsity + Juniors and Seniors can register for the varsity camp. See you this summer!

### **FOOTBALL** at PVHS Stadium Field & Weight Room

Cost: \$525

**Coach: Guy Gardner** 

June 10 – July 17 Monday – Friday & 2 Saturdays

Varsity & JV Monday-Thursday: 3 pm-6 pm Friday: 9 am-11 am

Freshman Monday-Friday: 4 pm-7 pm Varsity & Freshman Saturday: June 29 & July 13

Join us for strength training, conditioning, and skill building. Varsity will participate in a couple tournaments that will be held on select Saturdays.

### **GIRLS' LACROSSE** at PVHS Stadium Field

Cost: \$200

**Coach: Todd Dearborn** 

June 22 – June 30 ++ 9 consecutive days

All levels Saturday, June 22 & Monday – Friday 7am – 9:30am

Sunday, June 23, Saturday, June 29 and Sunday, June 30 9 - 11am

Join us for strength training, conditioning, and skill building. No prior experience necessary. NO summer league games or tournaments.

### BOYS' SOCCER at PVHS Stadium Field & Turf next to weight room

Cost: \$450

**Coach: Derek Larkins** 

June 17 – July 11 Monday – Thursday 2 pm – 3:45 pm

All Levels – FR, JV & Varsity 2 optional morning weight room sessions per week

Join us for strength training, conditioning, and skill development. We will play weekly week-day games in a summer league.

### **BOYS' VOLLEYBALL** at PVHS Sand Courts

Cost: \$525

Coach: Lacey Minzlaf June 10 – June 28

All Levels – FR, JV & Varsity Tuesday & Thursday: 1 pm-3 pm

Volleyball players of all levels are welcome.

# **GIRLS' VOLLEYBALL** at PVHS Gym (Mon and Wed) & Sand Courts (Fridays)

Cost: \$525

Coach: Patrick Lynch
June 10 – June 28

Varsity & JV Monday & Wednesday: 1 pm-3 pm

Varsity Friday: 8am – 10am

FR & new athletes Monday & Wednesday: 3 pm-5 pm

JV/FS and new athletes Friday: 10 am-12 pm

Volleyball players of all levels are welcome.

# **BOYS' & GIRLS' WATERPOLO at PVHS Pool**

Cost: \$550

Coach: Zachary Graper June 10 – July 17

All Levels – FR, JV & Varsity Monday-Friday: 9 am–12pm

Join us for strength training, conditioning, and skill building. No prior experience necessary. NO summer

league games or tournaments.